

Trust/Mistrust in God Scale (16-items)

Please note that a number of items in this questionnaire use the word “God”. If this word is not a comfortable one, please substitute another appropriate term such as “Higher Power”, “the Divine”, or “the Creator”. The following items are concerned with your personal beliefs about God. At certain times, people’s beliefs about God may be stronger or weaker. For each item below, please select the word which describes HOW OFTEN YOU FEEL THAT THE ITEM IS TRUE.

- 0 – Not at all
- 1 – A little
- 2 – Somewhat
- 3 – A lot
- 4 – Very much

- 1) God is never ignorant of my concerns.
- 2) None of my thoughts are hidden from God.
- 3) God is constantly aware of what is harmful for me.
- 4) God disregards my activities.
- 5) God knows what is in my best interests.
- 6) God is absolutely powerful.
- 7) I cannot earn more money than God decrees.
- 8) God does not always know what is best for me.
- 9) I can’t be successful without God’s help.
- 10) Nothing can occur without God’s involvement in the process.
- 11) God is compassionate towards human suffering.
- 12) Sometimes God is unkind to me for no reason.
- 13) God is generous to me even when I don’t deserve it.
- 14) Ultimately, there is Divine justice.
- 15) God rewards those who deserve it (during their lifetimes and/or in the afterlife).
- 16) God’s judgment is unfair.

Trust Subscale Items: 1, 2, 3, 5, 6, 7, 9, 10, 11, 13, 14, 15

Mistrust Subscale Items: 4, 8, 12, 16

PLEASE NOTE THAT THIS SCALE IS CURRENTLY UNDER REVISION. FOR MORE INFORMATION PLEASE CONTACT DAVID HILLEL ROSMARIN AT DROSMAR@BGSU.EDU

Source: Rosmarin, D.H., Pargament, K.I., & Mahoney, A. (2009). The role of religiousness in anxiety, depression and happiness in a Jewish community sample: A preliminary investigation. *Mental Health Religion and Culture*, 12(2), 97-113.