

## Education

Teachers College, Columbia University, NY (current): Clinical Psychology Ph.D. student

Georgian Court University, Lakewood, NJ (2008- 2009): Community Counseling

Rutgers University, New Brunswick, NJ (2007 – 2008): Psychology

Beth Medrash Govoha, Lakewood, NJ (2004 –2007): Bachelors Talmudic Studies

## Clinical Experience

Jan. 2010 – current: Psychotherapist, Dean Hope Center for Educational and Psychological Services, New York, NY

- Provided long-term individual psychodynamic psychotherapy to adults with depression, anxiety, and comorbid personality disorders
- Conducted short-term intake interviews focused on diagnosis and client history
- Wrote comprehensive intake, quarterly, and termination reports
- Attended weekly case conferences and twice weekly supervision, which included audio tape review and observed sessions
- Supervisors: Seth Aronson, Ph.D. & Jonathon Cohen, Ph.D.

Jun. 2009 - current: Career counselor, Professional Career Services, Lakewood, NJ.

- Conducted short-term career counseling for adolescents and adults in all stages of career and academic development
- Assessed career interests using the Strong Interest Inventory and provided feedback sessions integrating both testing, interviews, and career stage and goals
- Participated in organizational planning, development, and outreach
- Supervisor: Chaim Horowitz, Ph.D.

Sept. 2009 – Sept. 2010: Psychological assessor, Dean Hope Center for Educational and Psychological Services, New York, NY.

- Conducted comprehensive psychological evaluations for diagnostic clarification, treatment planning, and service evaluations
- Assessments administered: WAIS-IV, WPPSI-IV, Bender-II, Rorschach (Exner), MCMI, PAI, TAT, Figure Drawings, BASC, IASC
- Wrote integrated reports and conducted feedback sessions
- Attended weekly case conference and supervision
- Supervisors: Teresa Vinson, Ph.D. & A. Jordan Wright, Ph.D.

2007 – 2008: Clinical assistant, Center for Applied Psychology, Monsey, NY.

- Scored assessment measures (e.g., BASC, Conner's, PSC)

- Designed, executed, analyzed and reported quarterly client satisfaction surveys
- Trained as a smoking-cessation group facilitator
- Standardized school referral and adult intake forms, assessments, and procedures
- Conducted evaluations of health and anxiety groups
- Supervisor: Isaac Schechter, Psy.D.

### Research Experience

2009 – current: Independent Research, Teachers College, Columbia University, Advisor: Elizabeth Midlarsky, em142@columbia.edu.

2009 – current: Associate Director of Research, JPsych, Co-investigator: David H. Rosmarin (McLean Hospital/Harvard Medical School), drosmarin@mclean.harvard.edu.

2007 – 2008: Research Associate, Center for Applied Psychology, Principal-investigator: Isaac Schechter, caps@bikurcholim.org.

2007 – 2008: Research Assistant, Rutgers University & UMDNJ, Principal-investigators: R. Contrada & J. Alleio.

### Teaching Experience

Fall, 2009: Teaching Assistant, Teachers College, Columbia University, Adult Personality and Psychopathology (Graduate). Professor: Jeffrey S. Nevid, jnevid@hotmail.com.

### Peer-reviewed Publications

Pirutinsky, S., Midlarsky, E., & Rosmarin, D. H. (in preparation). *Does negative religious coping accompany, precede, or follow depression among Orthodox Jews.*

Pirutinsky, S., Rosmarin, D. H., Holt, C. L., Feldman, R. H., Caplan, L. S., Midlarsky, E., & Pargament, K. I. (in submission). *Intrinsic religiosity as a buffer of the relationship between physical illness and depressive symptoms among Jews: Moderators and mediators.*

Rosmarin, D. H., Pirutinsky, S., & Pargament, K. I. (in submission). *A Brief Measure of Core Religious Beliefs for use in Psychiatric Settings.*

Rosmarin, D.H., Pirutinsky, S., Auerbach, R. P., Björgvinsson, T., & Andersson, G. (accepted pending revision). Making room for religious core beliefs in the cognitive model of worry. *Journal of Clinical Psychology.*

Pirutinsky, S. (2010). *The Brief Orthodox Jewish Religiosity Scale.* Washington, DC: PsycTESTS American Psychological Association.

Rosmarin, D.H., Pargament, K.I., Pirutinsky, S., & Mahoney, A. (2010). A randomized controlled evaluation of a spiritually-integrated treatment for subclinical anxiety in the Jewish community. *Journal of Anxiety Disorders, 24(7), 799-808.*

Rosmarin, D. H., Pirutinsky, S., & Siev, J. (2010). Are Orthodox and non-Orthodox Jews equally likely to recognize scrupulosity as OCD and recommend professional treatment? *Journal of Social and Clinical Psychology, 29, 931-945.*

- Pirutinsky, S., Rosen, D., Shapiro, R. L., & Rosmarin, D. H. (2010). Do medical models of mental illness relate to increased or decreased stigmatization of mental illness among Orthodox Jews? *Journal of Nervous and Mental Diseases*, 198, 508-512.
- Pirutinsky, S., Rosmarin, D. H., & Pargament, K. I. (2009). Community attitudes towards culture-influenced mental illness: Scrupulosity vs. non-religious OCD among Orthodox Jews. *Journal of Community Psychology*, 37, 949 - 958.
- Rosmarin, D. H., Pirutinsky, S., Pargament, K. I., & Krumreil, E. J. (2009). Are religious beliefs relevant to mental health among Jews? *Psychology of Religion and Spirituality*, 1, 180 – 190.
- Pirutinsky, S. (2009). Conversion and attachment insecurity among Orthodox Jews. *International Journal for the Psychology of Religion*, 19, 200 – 206.
- Pirutinsky, S. (2009). The terror management function of Orthodox Jewish religiosity: A religious culture approach. *Mental Health, Religion and Culture*, 12, 247 – 256.

### Conference Presentations

- Rosmarin, D. H., Pirutinsky, S., & Pargament, K. I. (in submission). Integrating religious beliefs into a cognitive model of worry. In C. Park (Chair). *Beliefs: An Important but Under-Researched Dimension in the Psychology of Religion*. Symposium Submission for the 119th Annual Convention of the American Psychological Association, Washington, D.C., August 4-7, 2011.
- Pirutinsky, S. (in submission). *Ask your father and he will inform you, your elders and they will tell you: Attachment and religious conversion among Orthodox Jews*.
- Rosmarin, D. H., Pirutinsky, S., & Pargament, K. I. (in submission). Advances in research on religious coping in a Jewish context. In A. Al (Chair). *Similarities and Differences in Religious Coping across Culture: Implications for Theory, Research, and Practice*. Symposium Submission for the 119th Annual Convention of the American Psychological Association, Washington, D.C., August 4-7, 2011.
- Smidt, D. L., Rosmarin, D. H., DiGiuseppe, R. A., & Pirutinsky, S. (November, 2010). *Attitudes toward religion & spirituality: A survey of members of the Association for Behavioral & Cognitive Therapies (ABCT)*. Poster presented at the Association of Behavioral and Cognitive Therapy's 44th Annual Convention, San Francisco, CA.
- Pirutinsky, S., Midlarsky, E., & Rosmarin, D. H. (November, 2010). *Do spiritual struggles accompany, cause, or result from depression among religious Jews?* Paper presented at the 22<sup>nd</sup> Greater New York Conference on Behavioral Research, New York, NY.
- Rosmarin, D. H., Pirutinsky, S., Pargament, K. I., & Meade, A. (November, 2010). *A randomized controlled evaluation of a spiritually-integrated treatment for subclinical anxiety in the Jewish community, delivered via the Internet*. Poster presented at the Association of Behavioral and Cognitive Therapy's 44th Annual Convention, San Francisco, CA. (Recipient of Elsie Ramos Memorial Student Research Award)
- Pirutinsky, S., Rosmarin, D. H., Holt, C. L., Feldman, R. H., & Caplan, L. S. (November, 2010). *Intrinsic religiosity as a buffer of the relationship between physical illness and depressive*

- symptoms among Jews: Moderators and mediators*. Poster presented at the Association of Behavioral and Cognitive Therapy's 44th Annual Convention, San Francisco, CA.
- Baruch, D., Rosmarin, D. H., Pirutinsky, S., Kanter, J. W., Holt, C. L., Feldman, R. H., & Caplan, L. S. (November, 2010). *The Relevance of Culturally-Valued Activities to Levels of Depression among Orthodox Jews*. Poster presented at the Association of Behavioral and Cognitive Therapy's 44th Annual Convention, San Francisco, CA.
- Holt, C. L., Rosmarin, D. H., Feldman, R., Caplan, L., & Pirutinsky, S. (June, 2010). *Assessing Spiritual Health Locus of Control Beliefs in a Jewish Population*. Paper presented at the Society for Spirituality, Theology, and Health's 3rd Annual Conference, Durham, NC.
- Pirutinsky, S. & Mancuso, A. F. (March, 2010). *Strong social identity leads to greater satisfaction with life and self-esteem*. Poster presented at the 22nd Annual Convention of the Association for Psychological Science, Boston, MA.
- Rosmarin, D. H., Pirutinsky, S., & Siev, J. (May, 2010). Recognition of scrupulosity and non-religious OCD in an international sample of Orthodox and non-Orthodox Jews. In D. H. Rosmarin (Chair). *Obsessive compulsive disorder and religion around the world*. Symposium presented at the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- Rosmarin, D. H. & Pirutinsky, S. (May, 2010). Do Medical Models of Mental Illness Relate to Increased or Decreased Stigmatization of Mental Illness among Orthodox Jews? In A. Milevsky (Chair). *Chosen but forgotten: The emerging state of research on Orthodox Judaism and mental health*. Symposium presented at the Association for Psychological Science 22nd Annual Convention, Boston, MA.
- Rosmarin, D. H., Pargament, K. I., Kelemen, L., Mahoney, A., & Pirutinsky, S. (2010). Spiritually-integrated CBT for sub-clinical anxiety in a religious community: A randomized controlled trial in an international sample. In D. H. Rosmarin (Chair). *Disseminating our treatments to religious populations around the world: Spiritually-integrated CBT*. Symposium presented at the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- Rosmarin, D. H., Pirutinsky, S., & Siev, J. (November, 2009). *Do Orthodox and Non-Orthodox Jews appraise symptoms of scrupulosity as psychopathology?* Poster presented at Association of Behavioral and Cognitive Therapies 43rd Annual Convention, New York, NY.
- Rosmarin, D. H., & Pirutinsky, S. (November, 2009). *Positive/negative religious beliefs and the cognitive model of worry*. Poster session. Spiritual & Religious Issues in Behavior Change Special Interest Group, Association of Behavioral and Cognitive Therapies 43rd Annual Convention, New York, NY.
- Pirutinsky, S., Rosmarin, D. H., & Pargament, K. I. (November, 2009). *Religious culture as a moderator of the relationship between religious coping, depression and anxiety*. Poster session. Association of Behavioral and Cognitive Therapies 43rd Annual Convention, New York, NY.
- Pirutinsky, S., Rosmarin, D. H., & Pargament, K. I. (August, 2009). *Preliminary Validation of an Orthodox-Jewish Stigma Scale for Mental Illness*. Poster session American Psychological Association, Division 27 Society for Community Research and Action, Toronto, ON.

- Pirutinsky, S. (March, 2009). *Community attitudes towards culture-influenced mental illness: Scrupulosity vs. OCD among Orthodox Jews*. Paper presented at the Georgian Court University Celebration of Faculty Scholarship and Creativity, Lakewood, NJ.
- Rosmarin, D. H., Pirutinsky, S., Pargament, K. I., & Krumrei, E. J. (February, 2009). *Do religious doctrine and culture moderate the relationship between beliefs and distress?* Poster session, Society for Personality and Social Psychology Pre-conference on Religion and Spirituality, Tampa, FL.
- Pirutinsky, S., & Schechter, I. (January, 2009). *Diagnostic, clinical and socio-religious description of an Ultra-Orthodox and Hasidic Jewish population: An outpatient mental health clinic sample*. Poster session, Nefesh International Network of Orthodox Mental Health Professionals 12th Annual Conference, Staten Island, NY.
- Schechter, I., Schorr, F., & Pirutinsky, S. (January, 2009). *Initial validation and preliminary findings of the Comprehensive Religiousness Scale for Orthodox Jews (CRS-OJ)*. Poster session, Nefesh International Network of Orthodox Mental Health Professionals 12th Annual Conference, Staten Island, NY.
- Gellis, R., & Pirutinsky, S. (December, 2008). *Interprofessional Education Placement Outcomes*. Report presented at Sunnybrook Health Sciences Centre, Toronto, ON Canada.
- Snow, D., Zemon, V., Schechter, I., Pirutinsky, S., & Langner, E. (May, 2008). *Mental health presentation of Baalei Teshuva*. Poster session, Yeshiva University Behavioral Sciences Student Research Conference, Bronx, NY.

### **Non-Academic Publications**

- Pirutinsky, S. (2007, June 25). Tourette's syndrome: Fact and fiction. *Binah Magazine*.
- Pirutinsky, S. (2007, July 16). Beyond bereavement: Getting through the grief. *Binah Magazine*.
- Pirutinsky, S. (2008, January 19). Obsessive Compulsive Disorder: A Frum Perspective. *Binah Magazine*.

### **Professional Activities and Memberships**

- New York State Psychological Association: Student member (2010 – current)
- Association for Psychological Science: Student Affiliate (2010 - current )
- American Psychological Association: Student Affiliate (2008 - current) & PsycTESTS contributor
- Nefesh International, Network of Orthodox Mental Health Professionals: Student Member
- ABCT Spiritual & Religious Issues in Behavior Change Special Interest Group: Member
- Ad-hoc Reviewer: Mental Health, Religion, and Culture; Cognitive and Behavior Practice; Graduate Student Journal of Psychology
- Founder and Curator of the JPsych Archive, a searchable, full-text database of peer-reviewed, empirical articles on Mental Health among Orthodox Jews
- Student-Faculty Liaison (2009-2010) – Teachers College, Columbia University
- Nature Readers Panel Member (2010-2011)

### **Scholarships & Awards**

2010 ABCT Elsie Ramos Memorial Student Research Award (co-authored poster)  
2010 - 2011 Doctoral Student Research Award, Teachers College – Columbia University (\$10,000)  
2009 - 2010 Jean and Albert Nerken Scholarship, UJA – Federation of New York (\$2,500)  
2009 - 2010 Katcher Scholarship, Teachers College – Columbia University  
2009 - 2010 Lynn P. Tishman Scholar, Teachers College – Columbia University

### **Statistical and Technology Competencies**

SPSS: data management and coding, charts and figures, multiple regression, hierarchical regression, logistic regression, non-parametric statistics, bootstrapping methods, mediation/moderation, linear models, treatment studies, exploratory factor analysis, cluster analysis, scale validation, longitudinal data analysis.

R Statistical Computing: Structural equation modeling, confirmatory factor analysis.

Web Design & Computer Programming: HTML, CSS, JavaScript, PHP, Perl, MySQL, C++.

2000 – 2004: Dynacom Systems, computer programming, web development, database design and management.