

Prepared: November, 2012
David H. Rosmarin, Ph.D.

CONTACT INFORMATION

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Place of Birth: Toronto, Ont. Canada

EDUCATION

Bachelor of Arts (Hons.)
2001 Departments of Psychology & Philosophy
York University, Toronto ON

Masters of Arts
2003 Department of Counseling Psychology
University of Toronto, Toronto ON
Advisor: Roy Moodley, PhD

Doctor of Philosophy
2010 Department of Psychology
Bowling Green State University, Bowling Green OH
Advisor: Kenneth I Pargament, PhD

PRE AND POSTDOCTORAL TRAINING/FELLOWSHIPS

Predocotrinal Internship
2009-2010 Department of Psychology, McLean Hospital/Harvard Medical
School, Belmont, Massachusetts

Postdoctoral Fellowship
2010-2011 Department of Psychology, McLean Hospital/Harvard Medical
School, Belmont, Massachusetts

Visiting Fellow
2011 Summer Research Institute in Geriatric Mental Health
Weill Cornell Medical College, White Plains, NY

Visiting Fellow in MRI
2011 Athinoula A. Martinos Center for Biomedical Imaging
Massachusetts General Hospital, Boston, MA

FACULTY ACADEMIC APPOINTMENTS

Instructor
2006-2007 Department of Psychology, Bowling Green State University
Bowling Green OH

Non-Resident Faculty
2011- Center for Spirituality, Theology & Health
Duke University Medical Center, Durham NC

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Instructor
2011- Department of Psychiatry, Harvard Medical School
McLean Hospital, Belmont MA

CLINICAL APPOINTMENTS AT HOSPITALS/AFFILIATED INSTITUTIONS

Visiting Scholar
2005 Center for Anxiety and Related Disorders, Boston University
Boston, MA

Clinical Fellow
2006-2008 Anxiety Treatment & Research Centre, St. Joseph's Healthcare
Hamilton, ON

Clinical Fellow
2008-2009 Center for Addiction & Mental Health
Toronto, ON

Clinical Fellow
2009-2011 Department of Psychology, McLean Hospital/Harvard Medical
School, Belmont MA

Assistant Psychologist
2011- Department of Psychology, McLean Hospital/Harvard Medical
School, Belmont MA

MAJOR ADMINISTRATIVE LEADERSHIP POSITIONS

Director
2002- JPSYCH Laboratory for Judaism and Mental Health Research
Boston, MA

Director
2011- Center for Anxiety
New York, NY

COMMITTEE SERVICE

Rounds Coordinator
2007-2008 Anxiety Treatment and Research Centre
St. Joseph's Healthcare, Hamilton ON

Assistant Chair
2008-2009 Spiritual/Religious Issues in Behavioral Change, Special Interest
Group, Association for Behavioral and Cognitive Therapies

Chair
2009- Spiritual/Religious Issues in Behavioral Change, Special Interest
Group, Association for Behavioral and Cognitive Therapies

Voting Member
2011- Awards Committee
Association for Behavioral and Cognitive Therapies

Member
2011- Internship Candidate Review Committee
McLean Hospital/Harvard Medical School

MEMBERSHIP IN PROFESSIONAL SOCIETIES

2006	Association of Behavioral and Cognitive Therapies
2008	APA Division 12, Section 3 (Society for a Science of Clinical Psychology)
2008	Anxiety Disorders Association of America
2009	Association for Psychological Science
2011	American Psychological Association
2011	International Obsessive Compulsive Disorder Foundation

GRANT REVIEW ACTIVITIES

2012	John Templeton Foundation
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EDITORIAL ACTIVITIES

Editorial Positions

2009-2010	Associate Editor for Special Issue on Spiritual/Religious Issues in Behavior Change, <i>Cognitive & Behavioral Practice</i>
2010-2011	Associate Editor for Special Issue on Spirituality & Behavioral Medicine Research, <i>Journal of Behavioral Medicine</i>
2011-2012	Associate Editor for Special Issue on Religious and Spiritual Factors in Depression, <i>Depression Research & Treatment</i>

Ad Hoc Reviewing

American Journal of Geriatric Psychiatry
Canadian Medical Association Journal
Cognitive and Behavioral Practice
Cognitive Behavior Therapy
Counseling and Spirituality
Depression and Anxiety
Health Psychology
International Journal of Psychiatry in Medicine
International Journal for the Psychology of Religion
International Journal for Social Psychiatry
International Journal of Geriatric Psychiatry
International Perspectives in Psychology: Research, Practice & Consultation
Journal of Behavioral Medicine
Journal of Family Violence
Journal of Nervous and Mental Disease

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Journal of Positive Psychology
Journal of Psychopathology and Behavioral Assessment
Mental Health Religion and Culture
Psychiatric Services
Psychology of Religion and Spirituality
Sociology of Religion: A Quarterly Review

Book Reviewing
Guilford Press

AWARDS, HONORS & PRIZES

2004-2008	Graduate Student Research Award Department of Psychology, Bowling Green State University
2007	Katzner Award for Graduate Research Bowling Green State University
2010	Workshop Scholarship Duke University Center for Spirituality, Theology & Health
2010	Elsie Ramos Memorial Student Research Award Association for Behavioral & Cognitive Therapies
2011	Psychologist Credentialing Scholarship National Register of Health Service Providers in Psychology
2012	Emerging Scholar Award TAG Institute

REPORT OF FUNDED & UNFUNDED PROJECTS

Past

2003-2004	<i>Title:</i> Jewish spirituality & mental health: A theoretical framework <i>Grant type:</i> Private donation (\$15,000) <i>Role:</i> Principal investigator <i>Major goals:</i> To develop a theoretical framework for the treatment of anxiety disorders in the Jewish community based on Jewish religious literature and cognitive theory
2007-2009	<i>Title:</i> Spiritually-integrated treatment for subclinical Generalized Anxiety Disorder in the Jewish community, delivered via the Internet: A randomized controlled trial <i>Grant type:</i> Private donation (\$75,000) <i>Role:</i> Principal investigator

Major goals: To develop and evaluate the comparative efficacy of a self-administered spiritually-based treatment for symptoms of stress and worry

- 2007-2009
Title: Stigma, culture and mental health in the Jewish community
Grant type: Private donation (\$15,000)
Role: Principal investigator (co-PI: Steven Pirutinsky, Columbia University)
Major goals: To examine stigma, culture-influenced symptoms, and attitudes towards medical vs. behavioral models of mental illness in the Jewish community
- 2008-2009
Title: Spirituality/religion and mental health among Jews and Christians
Grant type: Private donation (\$10,000)
Role: Principal investigator (co-PI: Elizabeth Krumrei, Pepperdine University)
Major goals: To conduct an initial comparative examination of the relevance of spiritual/religious beliefs and practices to mental health and functioning among Jews and Christians
- 2010-2011
Title: Spirituality & mental health: Development of an experimental paradigm
Grant type: Foundation support (F.I.S.H. Foundation, \$2,500)
Role: Principal investigator (co-PI: Steven Pirutinsky, Columbia University)
Major goals: To develop and pilot stimuli to assess for positive vs. negative views of God in the context of the Go-No-Go-Association Task (GNAT)
- 2010-2011
Title: Spiritually-integrated Cognitive Behavioral Therapy in an acute psychiatric setting: A pilot study
Grant type: McLean Hospital Development Fund #041537 (\$15,000)
Role: Principal investigator
Major goals: To develop and assess patients' responses to a spiritually-integrated CBT group treatment within an acute psychiatric setting
- 2010-2012
Title: Spiritual/religious predictors of symptoms and treatment outcomes in an acute psychiatric setting
Grant type: McLean Hospital Development Fund #041537 (\$15,000)
Role: Principal investigator
Major goals: To investigate the relevance of patient spirituality and religion to symptom severity and treatment outcome in a large sample of acute psychiatric patients
- Current**
2010-2012
Title: What role does religion play in gratitude?

- Grant type:* Unfunded research study
Role: Principal investigator
Major goals: To compare the relevance of religious and general gratitude to mental health and wellbeing, and to examine religious coping as a predictor of gratitude in times of distress
- 2011-2012 *Title:* Core beliefs and the coping model: An integrative framework of spirituality and depression
Grant type: Foundation support (Glazer Institute, \$4,500)
Role: Principal investigator (co-PI: Elizabeth Krumrei, Pepperdine University)
Major goals: To develop and conduct an initial (cross-sectional) examination of a theoretical model integrating cognitive and coping models of spirituality and depression
- 2011-2013 *Title:* Spiritually-integrated treatment for Generalized Anxiety Disorder: A pilot study
Grant type: Foundation support (TAG Institute, \$5,000)
Role: Principal investigator
Major goals: To develop a treatment manual integrating intrapersonal, interpersonal and spiritual strategies to cope with Generalized Anxiety Disorder
- 2011-2014 *Title:* Conventional vs. religious psychotherapy for Major Depression in patients with chronic illness
Grant type: Foundation support (Templeton Foundation Grant #21399)
Role: Consultant
Major goals: To examine the biological mechanisms by which religion effects physical health and longevity in the context of a randomized clinical trial of conventional vs. religious Cognitive Behavioral Therapy for depression in patients with chronic illness
- 2012-2013 *Title:* Spirituality/religion and geriatric mood disorders
Grant type: McLean Hospital Development Fund #041537 (\$15,000)
Role: Principal investigator
Major goals: To investigate the relevance of spiritual and religious beliefs and practices to symptom severity in a sample of geriatric mood disordered patients
- 2012-2014 *Title:* Treatment for depressed and/or anxious rural veterans in home-based primary care
Grant type: US Department of Veterans Affairs Mental Illness Research, Education and Clinical Center (MIRECC) Award
Role: Consultant

Major goals: To increase access for rural veterans to evidence-based, person centered, spiritually-based treatment for anxiety and/or depression

2012-2015
Title: Jewish spirituality and mental health: A six-wave longitudinal and experimental study
Grant type: Private donation (\$180,000)
Role: Principal investigator
Major goals: To advance the study of Jewish spirituality and mental health with a six-wave longitudinal study involving both self-report and experimental tasks to assess for spiritual and religious beliefs and practices

REPORT OF LOCAL TEACHING, TRAINING, & MENTORING

No presentations below were sponsored by outside entities.

Teaching of Students in Courses

2004-2005
Course title: Introduction to Psychology: Study Section
Location: Department of Psychology, Bowling Green State University
Audience: Psychology undergraduate students
Effort: 3 hrs/wk for 15 weeks

2005-2006
Course title: Introduction to Psychology
Location: Department of Psychology, Bowling Green State University
Audience: Psychology undergraduate students
Effort: 3 hrs/wk for 15 weeks

Formal Teaching of Residents, Clinical Fellows and Research Fellows

2005
Title: An ancient Jewish approach to human anxiety
Location: Department of Psychology, Bowling Green State University
Audience: Psychology graduate students
Effort: 1-hour lecture

2006
Title: A side-by-side comparison of Cognitive Behavioral Therapy and Acceptance and Commitment Therapy for anxiety disorders
Location: Department of Psychology, Bowling Green State University
Audience: Psychology graduate students
Effort: 1-hour lecture

2007
Title: A unified protocol for emotional disorders
Location: Anxiety Treatment & Research Centre, St. Joseph's Healthcare
Audience: Psychology residents and clinical fellows
Effort: 1-hour lecture

2008
Title: A cognitive model of spiritual beliefs and anxiety
Location: Anxiety Treatment & Research Centre, St. Joseph's Healthcare

Audience: Psychology residents and clinical fellows
Effort: 2-hour lecture

2010 *Title:* Introduction to Cognitive Behavioral Therapy
Location: McLean Hospital/Harvard Medical School
Audience: 1st year psychiatry residents
Effort: 1-hour lecture

2011 *Title:* Spiritual/religious issues in behavior change
Location: McLean Hospital/Harvard Medical School
Audience: Psychology fellows
Effort: 1-hour lecture

2011 *Title:* The burgeoning science of Jewish psychology
Location: Massachusetts General Hospital, Department of Child
Psychiatry
Audience: Undergraduate and graduate students
Effort: 1-hour lecture

2012 *Title:* Cognitive Behavioral Therapy: A rich but implicit relational
framework
Location: McLean Hospital/Harvard Medical School
Audience: 1st year psychiatry residents
Effort: 1-hour lecture

2012 *Title:* Spirituality & Cognitive Behavioral Therapy
Location: McLean Hospital/Harvard Medical School
Audience: Psychology fellows
Effort: 1-hour lecture

2012 *Title:* Spirituality & patient care in an evidence-based framework
Location: McLean Hospital/Harvard Medical School
Audience: Psychology fellows
Effort: 1-hour lecture

Clinical Supervisory & Training Responsibilities

2010-2011 *Responsibility:* Primary supervisor, diagnostics rounds
Location: Behavioral Health Partial Program, McLean Hospital/Harvard
Medical School
Effort: 1-hour/week

2010-2011 *Responsibility:* Clinical supervisor, residential treatment
Location: Obsessive Compulsive Disorders Institute, McLean
Hospital/Harvard Medical School

Effort: 1-hour/week

2011- *Responsibility:* Primary supervisor, diagnostic rounds
Location: Center for Anxiety, New York, NY
Effort: 1-hour/week

2011- *Responsibility:* Primary supervisor, outpatient treatment
Location: Center for Anxiety, New York, NY
Effort: 2-hours/week

Laboratory and Other Research Supervisory & Training Responsibilities

2010-2011 *Responsibility:* Supervision of staff, pre-doctoral fellows & research assistants
Location: Behavioral Health Partial Program, McLean Hospital/Harvard Medical School
Effort: 2-hours/week

2002- *Responsibility:* Primary research supervisor for all student-led projects
Location: JPSYCH Laboratory
Effort: 2-hours/week

2011- *Responsibility:* Supervision of graduate and undergraduate students
Location: Center for Anxiety, New York, NY
Effort: 2-hours/week

Formally Supervised Trainees & Faculty

2008- *Trainee:* Steven Pirutinsky – Graduate Student, Columbia University
Accomplishments: Authored 17 manuscripts; Delivered 19 scientific presentations; Dissertation Award from American Psychological Association (Division 36)

2010- *Trainee:* David Baruch – Graduate student, Department of Psychology, University of Wisconsin, Milwaukee
Accomplishments: Proposed dissertation; Authored 2 manuscripts; Delivered 3 scientific presentations; Emerging scholars award from TAG Institute

2011- *Trainee:* Jan Byström – Graduate student, Department of Behavioural Sciences and Learning, Linköping University (Linköping, Sweden)
Accomplishments: Proposed masters thesis

2011- *Trainee:* Jaclin Friere – Graduate student, Centro de Investigação Social, Instituto Universitário de Lisboa (Centre for Social Intervention, Lisbon University Institute, Lisbon, Portugal)

Accomplishments: Proposed dissertation; Received grant from Portuguese Foundation for Science and Technology (FCT)

2012- *Trainee:* Zev Lazarus – Harvard School of Dental Medicine
Accomplishments: Proposed research project; Received HMS scholarship; Published research abstract

Local Invited Presentations

- 2009 *Title:* Cognitive Behavioral Treatment of Panic Disorder with Agoraphobia: A case presentation
Location: Stanton Lecture, McLean Hospital/Harvard Medical School
Audience: Psychology fellows and psychiatry residents
Effort: 30-minute lecture
- 2011 *Title:* Research in the psychology of spirituality & religion
Location: Department of Child Psychiatry, Massachusetts General Hospital
Audience: Undergraduate and graduate students
Effort: 1-hour lecture
- 2011 *Title:* Spiritual resources & struggles: Relevance for borderline personality disorder
Location: Laboratory for Adult Development, McLean Hospital/Harvard Medical School
Audience: Faculty, psychology fellows, psychiatry residents, research fellows, and research assistants
Effort: 1-hour lecture
- 2012 *Title:* Spirituality & mental health: From research to practice
Location: Grand Rounds, McLean Hospital/Harvard Medical School
Audience: Faculty, psychology fellows, psychiatry residents, research fellows, and research assistants
Effort: 1-hour lecture
- 2013 *Title:* Spirituality
Location: Psychiatry in 2013 Conference, Harvard Medical School
Audience: Faculty, psychology fellows, psychiatry residents, research fellows, and research assistants
Effort: 1-hour lecture

REPORT OF REGIONAL, NATIONAL AND INTERNATIONAL INVITED TEACHING & PRESENTATIONS

No presentations below were sponsored by outside entities.

National

- 2011 *Title:* Integrating spirituality into Cognitive Behavioral Therapy
Location: Center for Anxiety, New York, NY
Audience: Mental health practitioners and graduate students
Effort: 4-hour clinical workshop
- 2012 *Title:* Spiritual issues in college counseling: A clinical workshop
Location: Stern College/Yeshiva University Counseling Center
Audience: Counseling center staff and clinical fellows
Effort: 2-hour clinical workshop
- 2012 *Title:* Why and how to integrate spirituality into cognitive behavioral therapy
Location: American Institute of Cognitive Therapy. New York, NY
Audience: Mental health practitioners and graduate students
Effort: 1-hour lecture
- 2012 *Title:* Spiritually-based stress reduction for the Jewish community
Location: Center for Anxiety, New York, NY
Audience: Mental health practitioners and graduate students
Effort: 4-hour clinical workshop
- 2012 *Title:* Spirituality/religion and behaviorism: From theory to practice –
Master Clinician Seminar
Location: Association for Behavioral and Cognitive Therapies: 46th
Annual Convention. National Harbor, MD
Audience: Mental health practitioners and graduate students
Effort: 2-hour clinical workshop
- 2013 *Title:* Spirituality and mental health research: Implications for patient care
Location: Grand Rounds, Department of Psychiatry, Geisel School of
Medicine at Dartmouth College
Audience: Faculty, psychology fellows, psychiatry residents, research
fellows, and research assistants
Effort: 1-hour lecture

International

- 2012 *Title:* Recent advances in the study of spirituality & mental health
Location: Universidad Inter-Americana de Puerto Rico (Inter-American
University of Puerto Rico), Ponce, PR
Audience: Undergraduate students and faculty (250+ people)
Effort: 1-hour lecture
- 2012 *Title:* Integrating spirituality into treatment of mental disorders

Location: Universidad Inter-Americana de Puerto Rico (Inter-American University of Puerto Rico), Ponce, PR
Audience: Undergraduate students and faculty (100+ people)
Effort: 1-hour lecture

2012 *Title:* Faith, trust and anxiety disorders: An empirically-supported conceptual framework
Location: Department of Psychology, Interdisciplinary Center, Herzliya, Israel.
Audience: Faculty, graduate students, and undergraduate students
Effort: 1-hour lecture

2012 *Title:* Spirituality & cognitive behavioral therapy: Research & practice
Location: Department of Psychology, Ryerson University, Toronto, ON
Audience: Graduate students and faculty
Effort: 2-hour lecture

REPORT OF CLINICAL ACTIVITIES

Current Licensure & Certification

2011- Health Service Provider in Psychology
National Register (ID #53170)

2011- Licensed Clinical Psychologist
State of Massachusetts (License #9389)

2011- Licensed Clinical Psychologist
State of New York (License #019078)

Practice Activities

2011- *Activity:* Outpatient psychological treatment
Location: Center for Anxiety, New York, NY
Effort: 10-15 patient sessions per week

REPORT OF PATIENT EDUCATION & SERVICE TO THE COMMUNITY

Those activities below sponsored by outside entities are so noted by identification of the sponsor in italics.

Activities

Regional

2011- Advisory Board
Rofeh International, Brookline, MA

2011 A spiritual and psychological approach to anxiety disorders
Invited Lecture – *Tufts University Hillel, Medford, MA*

- 2011 Jewish wisdom for modern minds: Anxiety disorders and their treatment
Invited Lecture – *Boston University Hillel, Boston, MA*
- 2011 Connection, disconnection and anxiety disorders: An ancient approach to a modern problem
Invited Lecture – Spirit Seekers, Boston, MA
- 2012 Three steps to getting motivated and staying motivated
Invited Lecture – *Northeastern University Hillel, Boston, MA*
- 2012 Judaism and mental health: An empirical approach
Invited Lecture – *Massachusetts Institute of Technology Hillel, Cambridge, MA*
- 2012 Spirituality/religion and anxiety disorders
Invited Lecture – *Tufts University Hillel, Medford, MA*
- 2012 Worlds of connection and disconnection
Invited Lecture – *Boston University Hillel, Boston, MA*
- 2012 Judaism & mental health research
Invited Lecture – *Harvard Medical School Meor, Boston, MA*
- 2012 Anxiety disorder: A spiritual and psychological approach
Invited Lecture – *Boston University Hillel, Boston, MA*
- National**
- 2011 Faith, trust & anxiety: An empirical approach
Invited Lecture – *Yeshiva College, New York, NY.*
- 2011 Test & exam anxiety: A spiritual & psychological approach
Invited Lecture – *Stern College for Women, New York, NY.*
- 2012 Observant or obsessive?: Religious life and OCD
Invited Lecture – *Mt. Sinai Jewish Center of Washington Heights, New York, NY.*
- 2012 Is there room for God in psychotherapy?
Invited Lecture – *East Hill Synagogue, Englewood, NJ*
- 2012 Connection, disconnection and anxiety disorders: A Jewish psychological approach to a modern problem
Invited Lecture – *East Hill Synagogue, Englewood, NJ*
- 2012 Sex, violence, blasphemy and sin: Treatment of "bad thoughts" in OCD

Prepared: November, 2012
David H. Rosmarin, Ph.D.

Invited Lecture – *New Jersey OCD (Affiliate of the International Obsessive Compulsive Disorder Foundation), New Brunswick, NJ*

2012 Test and exam anxiety: A spiritual and psychological approach
Invited Lecture – *Stern College for Women, New York, NY*

2013 The soul of medicine: Personal, spiritual and moral dimensions of healing
Invited Lecture – *University of Southern California, Office of Religious Life*

2013 Judaism & mental health: An empirical approach
Invited Lecture – *Jewish Family Service of Los Angeles*

International

2012 A spiritual approach to the treatment of anxiety
Invited Lecture – *Forest Hill Jewish Center, Toronto, ON*

Educational Materials for Patients and the Lay Community

2010 Examining treatment efficacy in the naturalistic context of a partial hospital program
McLean Hospital Alumni Newsletter (Published 03/10)

2011 Have a little faith: Research on spirituality & mental health
Aish.com (Published 08/11)

2011 Does a belief in God make you worry less?
WBUR, Radio Boston (Radio Interview, 08/11)

2011 Religious faith and peace of mind
Sound Medicine, WFYI Indianapolis (Radio Interview, 12/11)

2012 Anxiety disorders: An evidence-based approach
Jewish Press (Published 01/12)

2012 Why am I never invited to the wedding? Stigma and mental health in the Jewish community
Inyan Magazine (Published 04/12)

2012 Spirituality & mental health
About Health, Boston City TV (Television Interview, 05/12)

2012 Prozac for life?
Inyan Magazine (Published 06/12)

2012 Shy today, gone tomorrow: Behavior therapy for Social Anxiety Disorder

Inyan Magazine (Published 10/12)

Recognition

2011- Biographical Entry
Marquis Who's Who in America

REPORT OF SCHOLARSHIP

** signifies author was a trainee under supervision at time of writing*

Peer Reviewed Publications in Print or in Press

- 1) **Rosmarin DH**, Krumrei EJ, & Andersson G. Religion as a predictor of psychological distress in two religious communities. *Cog Behav Ther.* 2009;38(1):54-64.
- 2) **Rosmarin DH**, Pargament KI, Krumrei EJ, & Flannelly KJ. Religious coping among Jews: Development and initial validation of the JCOPE. *J Clin Psych.* 2009;65(7):670-683.
- 3) **Rosmarin DH**, Pargament KI, & Flannelly KJ. Do spiritual struggles predict poorer physical/mental health among Jews? *Int J Psych Relig.* 2009;19:244-258.
- 4) **Rosmarin DH**, Pargament KI, & Mahoney A. The role of religiousness in anxiety, depression and happiness in a Jewish community sample: A preliminary investigation. *Ment Health Relig Culture.* 2009;12(2):97-113.
- 5) **Rosmarin DH**, *Pirutinsky S, Pargament KI, & Krumrei EJ. Are religious beliefs relevant to mental health among Jews? *Psycholog Relig Spiritual.* 2009;1(3):180-190.
- 6) **Rosmarin DH**, Bourque LM, Antony MA, McCabe RE. Interpretation bias in Panic Disorder: Self-referential or global? *Cognitive Ther Res.* 2009;33(6):624-632.
- 7) *Pirutinsky S, **Rosmarin DH**, & Pargament KI. Community attitudes towards culture-influenced mental illness: Scrupulosity vs. non-religious OCD among Orthodox Jews. *J Community Psychol.* 2009;37(8):949-958.
- 8) **Rosmarin DH**, Pargament KI, *Pirutinsky S, & Mahoney A. A randomized controlled evaluation of a spiritually- integrated treatment for subclinical anxiety in the Jewish community, delivered via the Internet. *J Anxiety Disord.* 2010;24(7):799-808.
- 9) **Rosmarin DH**, *Pirutinsky S, & Siev J. Recognition of scrupulosity and non-religious OCD by Orthodox and non-Orthodox Jews. *J Soc Clin Psychol.* 2010;29(8):930-944.
- 10) **Rosmarin DH**, Pargament KI, Robb HB III. Spiritual and religious issues in behavior change: Introduction. *Cogn Behav Pract.* 2010;17(4):343-347.

- 11) **Rosmarin DH**, Krumrei EJ, & Pargament KI. Do gratitude and spirituality predict psychological distress? *Int J Existential Psychol Psychother.* 2010;3(1):1-5.
- 12) *Pirutinsky S, Rosen DD, Safran RS, & **Rosmarin DH**. Do medical models of mental illness relate to increased or decreased stigmatization among Orthodox Jews? *J Nerv Ment Dis.* 2010;198(7):508-512.
- 13) **Rosmarin DH**, Auerbach RP, *Bigda-Peyton JS, Björgvinsson T, & Levendusky PG. Integrating spirituality into cognitive behavioral therapy in an acute psychiatric setting: A pilot study. *J Cogn Psychother.* 2011;25(4):287-303.
- 14) **Rosmarin DH**, *Pirutinsky S, Auerbach RP, Björgvinsson T, Bigda-Peyton J, Andersson G, Pargament KI, Krumrei EJ. Incorporating spiritual beliefs into a cognitive model of worry. *J Clin Psychol.* 2011;67:691-700.
- 15) **Rosmarin DH**, *Pirutinsky S, & Pargament KI. A brief measure of core religious beliefs for use in psychiatric settings. *Int J Psychiat Med.* 2011;41(3):253-261.
- 16) **Rosmarin DH**, Wachholtz A, & Ai A. Beyond descriptive research: Advancing the study of spirituality & health. *J Behav Med.* 2011;34(6):409-413.
- 17) **Rosmarin DH**, *Pirutinsky S, Cohen AB, *Galler Y, & Krumrei EJ. Grateful to God or just plain grateful? A study of religious and general gratitude. *J. Posit Psychol.* 2011;6(5):389-396.
- 18) *Pirutinsky S, **Rosmarin DH**, Pargament KI, Midlarsky E. Does negative religious coping accompany, precede, or follow depression among Orthodox Jews? *J Affect Disorders.* 2011;132(3):401-405.
- 19) *Pirutinsky S, **Rosmarin DH**, Holt CL. Does social support mediate the moderating effect of intrinsic religiosity on the relationship between physical health and depressive symptoms among Jews? *J Behav Med.* 2011;34(6):489-496.
- 20) *Pirutinsky S, **Rosmarin DH**, Holt CL. Religious coping moderates the relationship between emotional functioning and obesity. *Health Psychol.* 2012;31(3):394-397.
- 21) **Rosmarin DH**. Spirituality & mental health: A case against ignorance. *Harvard Health Policy Rev.* 2012;13:36.
- 22) Kertz SJ, *Bigda-Peyton JS, **Rosmarin DH**, Björgvinsson T. The importance of worry across diagnostic presentations: Prevalence, severity, and associated symptoms in a partial hospital setting. *J Anxiety Disord.* 2012;26:126-133.
- 23) Bonelli R, Dew R, Koenig HG, **Rosmarin DH**, & Vasegh SV. Religious and spiritual factors in depression: Review and integration of the research. *Dep Res Treat.* 2012;Article 962860.

- 24) Kuller AM, Libben MR, **Rosmarin DH**, Björgvinsson T. Does symptom type moderate the relationship between insight and outcome in Cognitive Behavioral Therapy for psychosis? A preliminary investigation. *Cog Behav Ther.* 2012;April 16 [ePub published ahead of print].
- 25) Krumrei EJ, Pirutinsky S, **Rosmarin DH**. Jewish spirituality, depression and health: An empirical test of a conceptual framework. *Int J Behav Med.* 2012;July 9 [ePub published ahead of print].
- 26) Vasegh SV, **Rosmarin DH**, Koenig HG, Dew RE, & Bonelli R. Introduction to special issue (editorial): Religious and spiritual factors in depression. *Dep Res Treat.* 2012;Article 298056.
- 27) **Rosmarin DH**, *Bigda-Peyton JS, Kertz SJ, Rauch S, & Björgvinsson T. A test of faith in treatment and God: The relevance of spiritual belief to psychiatric treatment outcomes. *J Affect Disorders.* 2012 October 7 [ePub published ahead of print].

Professional Educational Materials or Reports

- 1) **Rosmarin DH**, & Pargament KI. Spiritually-based stress reduction for the Jewish community. Treatment Program; 2010.
- 2) **Rosmarin DH**, & Auerbach RP. Spiritually-integrated Cognitive Behavioral Therapy for an Acute Psychiatric Setting. Treatment Manual; 2012.
- 3) Ciarrocchi JW, Schechter D, Schwartz J, **Rosmarin DH**, & Pearce MJ. Religious cognitive behavioral therapy for depression in the context of chronic physical illness (Jewish version). Treatment Manual; 2012.
- 4) **Rosmarin DH**. A brief intervention for the integration of spirituality into Behavior Therapy. Treatment Manual; 2012.

Book chapters

- 1) Pargament KI, **Rosmarin DH**. Pastoral Counseling. *In: Weiner I, Craighead E (Eds). The Corsini Encyclopedia of Psychology.* New York, New York: John Wiley and Sons; 2010.
- 2) Krumrei EJ, **Rosmarin DH**. Processes of Religious and Spiritual Coping. *In: Aten JD, O'Grady K, Worthington E (Eds). The psychology of religion and spirituality for clinicians: Using research in your practice.* New York: Routledge; 2011, pp 245-73.
- 3) Levendusky PG, **Rosmarin DH**. Cognitive Behavior Therapy: A rich but implicit relational framework within which to deal with therapist frustrations. *In: Wolf AW, Goldfried MR, Muran JC (Eds). Transforming negative reactions to clients: from frustration to compassion.* Washington, D.C.: American Psychological Association Press; 2013, pp 45-68.

Theses & Dissertations

- 2003 A psychometric instrument to measure the religious Jewish construct Trust in God: A first step towards researching religious Jewish beliefs and psychology
Masters Thesis, University of Toronto
Advisor: Roy Moodley
- 2006 A randomized controlled evaluation of a spiritually-integrated intervention for sub-clinical anxiety among Jews, delivered via the Internet
Doctoral Dissertation, Bowling Green State University
Committee: Kenneth I. Pargament (Advisor), Annette Mahoney, Dale Klopfer & Timothy Murnen

Abstracts, Poster Presentations, and Exhibits at Professional Meetings (Past 3 Years)

** signifies author was a trainee under supervision at time of presentation*

Regional

- 1) **Rosmarin DH**, *Bigda-Peyton JS, Auerbach RP, Björgvinsson T, & Levendusky P. Integrating spirituality into cognitive behavioral therapy in an acute psychiatric setting: A pilot study. Poster presentation. McLean Hospital/Harvard Medical School Research Day. January, 2011.
- 2) *Bigda-Peyton JS, Kertz SJ, **Rosmarin DH**, Björgvinsson T. Cognitive behavioral therapy for depressive symptoms: The moderating role of worry. Poster presentation. McLean Hospital/Harvard Medical School Research Day. January, 2011.
- 3) Björgvinsson T, *Schreck M, *Goines J, **Rosmarin DH**, Kopeski L, Auerbach, RP, Bigda-Peyton JS. Examining treatment outcomes in the context of a partial hospital program: Preliminary data on the efficacy of cognitive behavioral therapy for affective disorders. Poster presentation. McLean Hospital/Harvard Medical School Research Day: January, 2011.
- 4) Krompinger JW, *Bigda-Peyton JS, **Rosmarin DH**, Björgvinsson T. Dispositional emotion regulation is related to symptom severity and predicts CBT skill acquisition in an acute psychiatric setting. Poster presentation. McLean Hospital/Harvard Medical School Research Day. January, 2011.
- 5) **Rosmarin DH**, *Bigda-Peyton JS, Smith N, Kertz SJ & Björgvinsson T. Faith in treatment and God: Spiritual belief is associated with perceived treatment credibility/expectancy and better psychiatric treatment outcomes. Poster presentation. Harvard Medical School Psychiatry Research Day. March, 2012.

National

- 1) **Rosmarin DH**, *Pirutinsky S, Pargament KI, & Krumrei EJ. Do religious doctrine and culture moderate the relationship between beliefs and distress? Poster presentation. Society for Personality and Social Psychology: Psychology of Religion & Spirituality Preconference, Tampa, FL. February, 2009.

- 2) **Rosmarin DH**, *Pirutinsky S, & Pargament KI. The relevance of religious core beliefs to the cognitive-behavioral model of worry. Poster presentation. Association for Behavioral and Cognitive Therapies: 43rd Annual Meeting. New York, NY. November, 2009.
- 3) **Rosmarin DH**, & Robb HB. Special series in Cognitive and Behavioral Practice on spiritual/religious issues in behavior change. Poster presentation. Association for Behavioral and Cognitive Therapies: 43rd Annual Meeting. New York, NY. November, 2009.
- 4) **Rosmarin DH**, *Pirutinsky S, & Siev J. Do Orthodox and Non-Orthodox Jews appraise symptoms of scrupulosity as OCD? Poster presentation. Association for Behavioral and Cognitive Therapies: 43rd Annual Meeting. New York, NY. November, 2009.
- 5) *Pirutinsky S, **Rosmarin DH**, & Siev J. Religious culture as a moderator of the relationship between religious coping, depression and anxiety. Poster presentation. Association for Behavioral and Cognitive Therapies: 43rd Annual Meeting. New York, NY. November, 2009.
- 6) **Rosmarin DH**, & *Pirutinsky S. Do medical models of mental illness relate to increased or decreased stigmatization among Orthodox Jews? Symposium presentation, Association for Psychological Science: 22nd Annual Convention. Boston, MA. May, 2010.
- 7) **Rosmarin DH**, Robb H, Oman D, Spangler D, & Stanley M. The burgeoning science of integrating spirituality into Cognitive Behavioral Therapy. Panel discussion. Association for Behavioral and Cognitive Therapies: 44th Annual Convention. San Francisco, CA. November, 2010.
- 8) **Rosmarin DH**, Pargament KI, *Pirutinsky S, & Mahoney A. A randomized controlled evaluation of spiritually-integrated treatment for subclinical anxiety in the Jewish community, delivered via the Internet. Poster presentation. Association for Behavioral and Cognitive Therapies: 44th Annual Convention. San Francisco, CA. November, 2010.
Recipient of ABCT Elsie Ramos Memorial Student Research Award
- 9) Björgvinsson T, Auerbach RP, & **Rosmarin DH**. Examining treatment efficacy in the naturalistic context of a partial hospital program. Symposium presentation, Association for Behavioral and Cognitive Therapies: 44th Annual Convention. San Francisco, CA. November, 2010. Symposium- Evidence based practice and practice-based evidence in hospital settings: Methods, challenges and findings.
- 10) *Andersson D, **Rosmarin DH**, DiGiuseppe R, & *Pirutinsky S. ABCT members' attitudes towards spirituality & religion: Results from a recent survey. Paper presentation., Association for Behavioral and Cognitive Therapies: Spiritual/Religious Issues in Behavior Change Special Interest Group, Annual Meeting, Association for Behavioral and Cognitive Therapies: 44th Annual Convention. San Francisco, CA. November, 2010
- 11) *Pirutinsky S, **Rosmarin DH**, Holt CL, Feldman RH, & Caplan LS. Intrinsic religiosity as a buffer of the relationship between physical illness and depressive symptoms among Jews:

Moderators and mediators. Poster presentation. Association for Behavioral and Cognitive Therapies: 44th Annual Convention. San Francisco, CA. November, 2010

- 12) *Baruch D, **Rosmarin DH**, *Pirutinsky S, Kanter JW, Holt CL, Feldman RH, & Caplan LS. The relevance of culturally-valued activities to levels of depression among Orthodox Jews. Poster presentation. Association for Behavioral and Cognitive Therapies: 44th Annual Convention. San Francisco, CA. November, 2010.
- 13) *Anderson D, **Rosmarin DH**, & DiGiuseppe R. Religion & spirituality among members of the Association for Behavioral & Cognitive Therapies (ABCT). Poster presentation. Association for Behavioral and Cognitive Therapies: 44th Annual Convention. San Francisco, CA. November, 2010.
- 14) *Schreck M, Kertz S, *Bigda-Peyton J, *Pirutinsky S, *Galler Y, & **Rosmarin DH**. Does religious affiliation moderate the relationship between gratitude and positive affect? Poster presentation. Association for Behavioral and Cognitive Therapies: 44th Annual Convention. San Francisco, CA. November, 2010.
- 15) Robb H, & **Rosmarin DH**. Integrating spirituality into cognitive behavioral therapy. Clinical workshop. Association for Behavioral and Cognitive Therapies: 44th Annual Convention. San Francisco. November, 2010.
- 16) Holt C, **Rosmarin DH**, Feldman R, Caplan L, & *Pirutinsky S. Assessing spiritual health locus of control beliefs in a Jewish population. Paper presentation, Society for Spirituality, Theology and Health: 3rd Annual Meeting, Durham, NC. June, 2010.
- 17) *Newman C, **Rosmarin DH**, & Zemon V. God loves me, God loves me not: Can individuals' Trust And Mistrust in God predict depression? Poster presentation. Yeshiva University: Annual Behavioral & Social Sciences Research Day, New York, NY. May, 2010.
- 18) *Pirutinsky S, Midlarsky E, & **Rosmarin DH**. Do spiritual struggles accompany, cause, or result from depression among religious Jews? Paper presentation, Greater New York Conference on Behavioral Research: 22nd Annual Meeting, New York, NY. November, 2010.
- 19) **Rosmarin DH**. The basics of cognitive behavioral case formulation. Clinical workshop. International Network of Orthodox Mental Health Professionals, New York, NY. December, 2010.
- 20) **Rosmarin DH**, *Pirutinsky S, Pargament KI. Integrating religious beliefs into a cognitive model of worry. Symposium presentation. American Psychological Association: 119th Annual Meeting, Washington, DC. August, 2011.

- 21) **Rosmarin DH**, *Pirutinsky S, & Pargament KI. An 11th Century Jewish perspective on the etiology of anxiety and depression. Symposium presentation. American Psychological Association: 119th Annual Meeting, Washington, DC. August, 2011.
- 22) Björgvinsson T, *Bigda-Peyton JS, & **Rosmarin DH**. A protocol for evaluating anxiety treatment outcomes in a naturalistic setting: Development, challenges, and preliminary findings. Symposium presentation, Anxiety Disorders Association of America: 31st Annual Meeting, New Orleans, USA. March, 2011.
- 23) *Bigda-Peyton JS, Kertz SJ, & **Rosmarin DH**, Björgvinsson T. Does worry mitigate or enhance the effect of CBT on depressive symptoms? Poster presentation. Anxiety Disorders Association of America: 31st Annual Meeting, New Orleans, USA. March, 2011.
- 24) Feldman RH, Holt C, **Rosmarin DH**, Caplan L, Kuch B, Pirtutinsky S, & Pargament KI. Health behaviors in the Jewish community: A comparison of Orthodox and non-Orthodox Jews. Poster presentation. American Academy of Health Behavior Meeting, Hilton Head, SC. March, 2011.
- 25) *Pirutinsky S, **Rosmarin DH**, & Holt C. Religious coping moderates the relationship between emotional functioning and obesity. The 23rd Greater New York Conference on Behavioral Research, New York, NY. November, 2011.
- 26) **Rosmarin DH**, Pirutinsky S, Shabtai D, & Pargament KI. Spiritual struggle and depression among Orthodox Jews: A longitudinal study in a clinical sample. Symposium presentation. American Psychological Association: 120th annual meeting. Orlando, FL.
- 27) **Rosmarin DH**, Auerbach RP, Bigda-Peyton JS, Björgvinsson T, & Levendusky P. Integrating spirituality into Cognitive Behavioral Therapy in an acute psychiatric setting: A pilot study. Symposium presentation. American Psychological Association: 120th annual meeting. Orlando, FL.
- 28) **Rosmarin DH**, Björgvinsson T, Grayson J, Morgillo-Freeman S, Luketkin B, Fishman S & Manueto C. A behavioral approach to opening up shop. Panel discussion. Association for Behavioral and Cognitive Therapies: 46th Annual Meeting. National Harbor, MD. November, 2012.

International

- 1) *Pirutinsky S, **Rosmarin DH**, & Pargament KI. Preliminary validation of a scale to measure stigma towards mental illness among Orthodox Jews. Poster presentation. American Psychological Association, Toronto, Ont. August, 2009.
- 2) **Rosmarin DH**, Pargament KI, Krumrei EJ, & O'Brien WO. Religious vs. demographic predictors of depression in two religious communities. Poster presentation. Society of Behavioral Medicine, Montreal, Que. April, 2009.

- 3) **Rosmarin DH**. The spiritual and the physical: How and why spirituality and religion are relevant to behavioral medicine. Symposium presentation, World Congress of Behavioral and Cognitive Therapies, Boston, MA. June, 2010, Symposium Chair.
- 4) **Rosmarin DH**, Pargament KI, Kelemen L Mahoney A, & *Pirutinsky S. Spiritually-integrated CBT for sub-clinical anxiety in a religious community: A randomized controlled trial in an international sample. Symposium presentation. World Congress of Behavioral and Cognitive Therapies, Boston, MA. June, 2010.
- 5) **Rosmarin DH**. Disseminating our treatments to religious populations around the world: Spiritually-Integrated CBT. Symposium Chair. World Congress of Behavioral and Cognitive Therapies, Boston, MA. June, 2010.
- 6) **Rosmarin DH**, *Pirutinsky S, & Siev J. Recognition of scrupulosity and non-religious OCD in an international sample of Orthodox and non-Orthodox Jews. Symposium presentation. World Congress of Behavioral and Cognitive Therapies, Boston, MA. June, 2010.
- 7) **Rosmarin DH**, & Siev J. Obsessive Compulsive Disorder and religion around the world. World Congress of Behavioral and Cognitive Therapies, Boston, MA. June, 2010. Symposium Chair.
- 8) Auerbach RP, Björgvinsson T, **Rosmarin DH**, & Wang J. Examining treatment outcome in the context of a partial hospital program: Understanding the challenges associated with conducting research in a naturalistic setting. Panel presentation. World Congress of Behavioral and Cognitive Therapies, Boston, MA. June, 2010.
- 9) *Bigda-Peyton JS, **Rosmarin DH**, Kertz SJ, & Björgvinsson T. Cognitive, behavioral, or both? Mechanisms of change in an acute, depressed sample. Poster presentation. Association for Behavioral and Cognitive Therapies: 45th annual meeting, Toronto, Canada. November, 2011.
- 10) Björgvinsson T, **Rosmarin DH**, Kertz SJ, & *Bigda-Peyton JS. Cognitive behavioral therapy in a managed care world: Examining treatment outcomes and mechanisms of change in the context of a partial hospital program. Symposium presentation. Association for Behavioral and Cognitive Therapies, 45th annual meeting, Toronto, Canada. November, 2011.
- 11) *DeAmicis A, *Bigda-Peyton JS, *McCue A, *Tang J, **Rosmarin DH**, & Björgvinsson TS. Symptom presentation and treatment outcomes in student and non-student patients in a partial hospital setting. Poster presentation. Association for Behavioral and Cognitive Therapies: 45th Annual Meeting, Toronto, Canada. November, 2011.
- 12) Kertz SJ, *Bigda-Peyton J, **Rosmarin DH**, & Björgvinsson T. Worry and generalized anxiety disorder in a partial hospital setting: prevalence, associated distress, and influence on treatment outcome. Poster presentation. Association for Behavioral and Cognitive Therapies: 45th Annual Meeting, Toronto, Canada. November, 2011.

- 13) Krompinger JW, *Bigda-Peyton JS, **Rosmarin DH**, & Björgvinsson T. The importance of emotion regulation to symptom severity: Cognitive Behavioral Therapy skill acquisition in an acute psychiatric setting. Poster presentation. Association for Behavioral and Cognitive Therapies: 45th Annual Meeting, Toronto, Canada. November, 2011.
- 14) *McCue A, *Bigda-Peyton JS, *Yi-Ping-Tang J, *DeAmicis A, **Rosmarin DH**, Björgvinsson T. Gender differences in treatment response for patients with borderline personality disorder in a CBT-based partial hospital program. Poster presentation. Association for Behavioral and Cognitive Therapies: 45th Annual Meeting, Toronto, Canada. November, 2011.
- 15) *Tang JY, *Smith N, *DeAmicis A, *McCue A, *Bigda-Peyton JS, **Rosmarin DH**, & Björgvinsson T. The effectiveness of CBT in a partial hospital setting among multicultural patients. Poster presentation. Association for Behavioral and Cognitive Therapies: 45th Annual Meeting, Toronto, Canada. November, 2011.

NARRATIVE REPORT

My career aspirations are best described by the science-practitioner (Boulder) model of clinical psychology: I strive for excellence as both a researcher and a clinician. Professionally, my time is split roughly equally between these domains, with additional time (~20%) dedicated to teaching, education and mentorship.

My program of research seeks to move beyond the ubiquitous descriptive study of spirituality/religion (S/R) and mental health by developing and validating explanatory models of why and how both positive and negative facets of S/R can functionally impact symptoms and treatment. While most of my research has been conducted in the Jewish community, I have launched several patient-based studies at McLean Hospital and hope to further develop this line of inquiry over the coming years. I am passionate about my research and bring a high level of energy and creativity to my research. To this end, I have been a principal investigator on 12 studies which have received over \$350,000 in research support (mostly private donations), and served as associate editor for three special issues of peer-reviewed journals on S/R and mental health.

I take a clinical approach to my area of study through the integration of S/R into evidence-based psychosocial treatments. Despite the importance of S/R within the general population – over 92% of Americans believe in God and more than 50% report that religion is “very important” in their lives (Gallup Poll, 2011) – the combined mental health disciplines have shied away from this domain and core competencies in how to address S/R in treatment are lacking. To address this gap, I have authored four treatment programs/manuals describing when/how to utilize patient spirituality in the context of Cognitive Behavioral Therapy. As well, in the past year alone I delivered four, invited national/international lectures and workshops and I am currently working on a book proposal for an academic publisher on this subject matter. I also direct an outpatient clinic in New York City (the Center for Anxiety), which provides spiritually-based CBT to the general public and serves as a private clinical-laboratory for innovation in this area.

I am further committed to teaching and mentorship. While McLean Hospital is not a psychology degree-conferring institution, I have elected to serve on five dissertation committees for students examining S/R issues in mental health at other institutions (two of which are international). In addition, I provide informal clinical and research supervision to roughly 10 students in the New York area, and regularly receive requests for professional development counseling as well (~2 meetings/month). I am also very proud to serve as an invited lecturer, author and media interviewee to the community on issues related to S/R and mental health.

In sum, I feel truly fortunate to have developed both clinical and research expertise in an understudied yet important area, and I hope to build a national and international reputation as a leader and innovator in this field over the course of my career.

REFERENCES

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