

Upcoming special series in Cognitive & Behavioral Practice

“Spiritual & Religious Issues in Behavior Change”

Guest Editors: David H. Rosmarin & Harold B. Robb III

Abstract from the Introduction to the Series

David H. Rosmarin, Kenneth I. Pargament & Harold B. Robb III

Spiritual and religious beliefs and practices are commonplace in the general population of North America today. In recognition of this fact, research on the interplay of spirituality, religion and psychological variables increased substantially over the past three decades; a recent PsycINFO search identified over 28,000 scientific contributions to this area. However, the relevance of spirituality and religion to *clinical practice* remains poorly understood. As a result, many practitioners of empirically-supported treatments may be reticent to address spirituality and religion in the course of their work. The intent of this special series is to help demystify this topic with the hope of increasing dissemination of spiritually-sensitive empirically-supported treatments. The authors in this series cast some light on this understudied topic by highlighting several salient spiritual and religious issues in behavior change. Moreover, based on case material, the authors illustrate how to assess for and address both adaptive and maladaptive utilizations of spirituality and religion in the practice of cognitive behavior therapy. This series will further present a rationale for why it is important to address this topic, and provide an overview of recent research developments in the creation of spiritually-integrated psychosocial treatments.

Contributions

Incorporating Religion/Spirituality into Treatment for Serious Mental Illness

Amy Gina Weisman de Mamani, Naomi Tuchman & Eugenio A. Duarte
University of Miami

Heavenly Bodies: Religious Issues in Cognitive Behavioral Treatment of Eating Disorders

Diane Spangler
Brigham Young University

Religious Coping and Cancer: Proposing an Acceptance and Commitment Therapy Approach

Maria Karekla & Marios Constantinou
University of Cyprus

Treating Scrupulosity in Religious Individuals Using Cognitive-Behavioral Therapy

Jonathan Huppert¹ & Jedidiah Siev²
¹The Hebrew University of Jerusalem
²Massachusetts General Hospital/Harvard Medical School

Discussion

Kevin Masters
Syracuse University

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